



PROGRAMMA 27^{ste} VBSW SYMPOSIUM 16/12/2022 te Leuven

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- 08u30 – 09u00** **Registratie** en welkom (Aula, Gebouw De Nayer)
- 09u00 – 09u10** **Verwelkoming** door VBSW-voorzitter Jan Boone
- 09u10 – 09u50** **Gastlezing 1:** Veerle Segers (UGent) – "A biomechanical perspective on injury-free recreational running (4 health)"
- 09u50 – 10u35** **Mondelinge presentaties I (Gaston Beunen prijs) – 3 sprekers**
- 09u50 *Freek Van de Castele (UGent) – "Muscle fiber typology in national level football and its influence on in-game fatigue"*
- 10u05 *Elisa Lefever (UGent) – "Does a closer coach-athlete bond buffer or exacerbate the detrimental effects of controlling coaching on athletes' coping and outcomes?"*
- 10u20 *Nathan D'Hoore (KU Leuven) – "Sports federations, social policy and the process of decolonization in Flanders"*
- 10u35 – 10u50** **Koffiepauze** + Poster ophangen
- 10u50 – 12u05** **Mondelinge presentaties II (Gaston Beunen prijs) – 5 sprekers**
- 10u50 *Kim Van Vossel (UGent) – "Influence of muscle fiber typology on hypertrophy and dynamic strength gains after 10 weeks of resistance training to failure"*
- 11u05 *Alexandre Maricot (VUB) – "Deficits in neurocognitive performance in patients with chronic ankle instability performing a dynamic balance task."*
- 11u20 *Kian Vanluyten (KU Leuven) – "Inclusion in physical education during a parkour unit in elementary: a descriptive study for five children with ASD"*
- 11u35 *Alexia van de Loock (UGent) – "H1-, but not H2-antihistamine intake blunts muscle glycogen resynthesis after interval exercise"*
- 11u50 *Matthijs Michielsen (KU Leuven) – "Effect of resistance training on HbA1c and other cardiovascular risk factors in patients with type 2 diabetes: a systematic review and meta-analysis of randomized controlled trials"*
- 12u05 – 12u40** **Broodjeslunch**



12u40 – 13u40 **Posterwandeling** – jurering Master- & PhD-bijdrages

Post-doc-bijdrages

Colosio Alessandro (UGent)
De Clerck Tom (UGent)
Jaspers Arne (KU Leuven)
Latomme Julie (UGent)
Laureys Felien (UGent)
Versele Vickà (VUB)

PhD-bijdrages

De Bleecker Camilla (UGent)
De Block Fien (UGent)
Decorte Elise (KU Leuven)
D'Hondt Joachim (VUB)
Hardeel Julie (UGent)
Iliano Evelien (UGent)
Mertens Lisa (VUB)
Quiroz Marnef Arturo (VUB)
Vansweevelt Nina (KU Leuven)
Zhang Tonghe (KU Leuven)

Master-bijdrages

Bosmans Jana (KU Leuven)
Claeys Reinhard & Saey Ian (KU Leuven)
Corlù Hortense (VUB)
Deboutte Jolien & de Lange Elsa (KU Leuven)
Deroost Frea & Petrella Davide (KU Leuven)
Devos Florence (KU Leuven)
Engelborghs Sofie & Vandepuut (KU Leuven)
Heemels Robin (KU Leuven)
Janssens Carlo (UGent)
Lepplae Jef & Vananderoye Casper (KU Leuven)

Maes Sylke (KU Leuven)
Roth Zachary (KU Leuven)
Samyn Linde & Van Dael Kaat (KU Leuven)
Schampheleer Emilie (VUB)
Van Belleghem Karel (UGent)
Van Caekenberghe Wouter (KU Leuven)
Van Dyck Matthew (UGent)
Vermeulen Lander (KU Leuven)

13u40 – 14u20 **Gastlezing 2:** Mike McNamee (KU Leuven) – "A Sport Related Concussion Research Agenda Beyond Medical Science: culture, ethics, science, policy"

14u20 – 14u50 **Mondelinge presentaties III (Gaston Beunen prijs) – 2 sprekers**

14u20

Stefan Vermeulen (UGent) – "Fatigue reduces patellar tendon loading in healthy volleyball players"

14u35

Pauline Hotterbeex (KU Leuven & UGent) – "Walk your brain: a two-phased pilot study of a cognitively enriched walking program."

14u50 – 15u05 **Koffiepauze**

15u05 – 15u35 **Mondelinge presentaties IV (Gaston Beunen prijs) – 2 sprekers**

15u05

Ruben Robberechts (KU Leuven) – "Exogenous ketosis improves sleep efficiency and counteracts the decline in REM sleep following strenuous exercise"

15u20

Marie Vermote (VUB) – "Healthy Grandparenting Project: Differences in levels of physical activity and sedentary behaviour as well as body composition between caregiving grandparents, non-caregiving grandparents and non-grandparents"

15u35 – 16u00 **Stemming** Publieksprijs en Bekendmaking Gaston Beunen prijzen

Algemene ledenvergadering door Jan Boone (voorzitter VBSW)

16u00 – 17u00 **Receptie**

